

1 2	Bioreactor with electrically deformable curved membranes for mechanical stimulation of cell cultures
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- 26 Abstract

27 Physiologically relevant in vitro models of stretchable biological tissues, such as muscle, lung, 28 cardiac and gastro-intestinal tissues, should mimic the mechanical cues which cells are exposed to in 29 their dynamic microenvironment in vivo. In particular, in order to mimic the mechanical stimulation 30 of tissues in a physiologically relevant manner, cell stretching is often desirable on surfaces with dynamically controllable curvature. Here, we present a device that can deform cell culture 31 membranes without the current need for external pneumatic/fluidic or electrical motors, which 32 33 typically make the systems bulky and difficult to operate. We describe a modular device that uses 34 elastomeric membranes, which can intrinsically be deformed by electrical means, producing a 35 dynamically tuneable curvature. This approach leads to compact, self-contained, lightweight and 36 versatile bioreactors, not requiring any additional mechanical equipment. This was obtained via a 37 special type of dielectric elastomer actuator. The structure, operation and performance of early 38 prototypes are described, showing preliminary evidence on their ability to induce changes on the 39 spatial arrangement of the cytoskeleton of fibroblasts dynamically stretched for 8 hours.

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42 **1** Introduction

All biological tissues are subjected to internal mechanical forces that arise from interstitial flows and
cellular motions. These forces can redistribute effector molecules that are secreted by cells, resulting
in the coupling of chemical and mechanical signalling. This phenomenon, known as
mechanotransduction, is a major research interest in the fields of regenerative medicine and tissue
engineering (Griffith et al. 2006).

48 Static or cyclic and axial or biaxial strains applied to monolayers of cells, cultured on deformable 49 membranes or 3D scaffolds (Elsaadany et al. 2017), have been used for decades (Meikle et al. 1979; 50 Leung et al. 1977) to show that mechanical stretch can induce cell proliferation, increase tissue 51 organization and enhance mechanical properties of cultured tissues. At present, most of the 52 commercially available devices for cell stretching in vitro are actuated by pneumatic systems, such as 53 those from Flexcell® (Flexcell International, 2019), or mechanical motors, such as those from 54 Strex® (Strex, 2019). They require external driving units (vacuum pumps or motors), which make 55 the systems bulky, complex to operate, acoustically noisy and generally capable of low throughput 56 (Brown 2000).

57 Other systems are designed to mechanically stimulate cells at the microscopic scale, so as to study 58 the response of few or even single cells, with so-called organ-on-a-chip devices (Akbari and Shea 59 2012,a; Akbari and Shea 2012,b; Clark et al. 2000; Kim et al. 2012; Pavesi et al. 2015). They are 60 based on microfluidic systems, which advantageously host cells in highly miniaturised chambers, 61 although they are still limited by the need for much bulkier external fluidic components.

62 In order to obtain more compact and easier-to-use systems, the potential usage of smart materials (not 63 requiring external pumps/motors) is of growing interest. In particular, within the family of electromechanically active polymers (Carpi 2016), dielectric elastomer actuators (DEAs) at present 64 can in general offer large strains (10-100%) and relatively high stresses (up to 1 MPa) in response 65 electrical stimuli, with simple structure, compact size, light weight and low power consumption 66 67 (Carpi et al. 2008; Pelrine et al. 2000). Due to these attractive properties, their potential also for the 68 mechano-stimulation of cells has recently been explored (Imboden et al. 2019; Poulin et al. 2018; 69 Poulin et al. 2016; Cei et al. 2016; Akbari and Shea 2012,a; Akbari and Shea 2012,b). However, so 70 far, they have been used for cell stretching of planar (uni- or bi-directional, or radial) and uniform 71 kind. As a difference, tissues in vivo mostly undergo stretch fields that are non-planar, anisotropic 72 and inhomogeneous (Balestrini et al. 2010). So, the greatest potential of these smart materials to 73 mimic physiologically-relevant conditions remains at present mostly unexplored.

Here, we target a mechanical stimulation of cellular cultures on surfaces having a dynamically controllable curvature. As an alternative to conventional hydraulic/fluidic systems that can achieve an analogous effect, we present a DEA-based modular device made of elastomeric membranes that are deformable electrically (i.e. their curvature can be dynamically tuned by purely electrical means), without any fluidic system. This new approach is shown to lead to compact, self-contained and noisefree bioreactors that do not require any additional external mechanical equipment, as detailed below.

80 2 Methods

81 The structure of the proposed bioreactor and its principle of operation are presented in Figures 1a,b.

82 An elastomeric cell culture membrane is arranged on top of a fluid-filled chamber that contains also a

83 soft actuator. With respect to conventional hydraulic/fluidic systems, the fluid here has a different

84 function, as explained below. The cell culture membrane seals the chamber and is in contact with the

85 fluid. When the actuator is off (no applied voltage), the membrane surface can either be flat or, if

86 needed, have an initial pre-curvature (obtained by increasing the fluid volume). In response to an

applied voltage, the actuator is able to vary the cell culture membrane's curvature, according to a

88 variable displacement of the fluid confined underneath, as detailed below.

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92 the structure; (b) picture of an assembled prototype; (c),(d) schematic representation of the principle

93 of operation; (e) examples of displacement signals (culture membrane and actuator) in response to a

94 cyclic voltage.

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96 The soft actuator consists of a special type of DEA, known as hydrostatically coupled dielectric 97 elastomer actuator (HC-DEA) (Carpi et al. 2010). It is obtained by combining two dielectric 98 elastomer circular films together and confining a coupling fluid between them, so as to obtain a 99 bubble-like shape. One membrane (the one at the top in Figure 1c) is made active by sandwiching it between two compliant electrodes connected to a voltage source, while the other membrane (the one 100 101 at the bottom in Figure 1c) is passive. When a voltage is applied to the active membrane, the bubblelike structure of the actuator deforms upwards (Figure 1d). This is due to an electrically induced 102 reduction of the active membrane's thickness and an increase in its area, while the passive membrane 103 104 buckles in the same direction as a result of the fluid-mediated coupling (Carpi et al.2010).

105 This electrically induced deformation of the actuator is then used to displace the second coupling 106 fluid confined above it (Figure 1d), so that the cell culture membrane can assume a controllable

107 curvature, depending on the magnitude of the applied voltage. It is worth noting that voltages of 108 opposite polarity and same amplitude cause the same curvature, as the actuation pressure generated 109 by the HC-DEA is dependent on the square of the applied voltage (Carpi et al. 2010), as for any other 100 DEA (Carpi et al. 2008). It is also useful to remark that the actuator's structure could easily be 111 modified by making both of its membranes active (i.e. providing both of them with electrodes) and 112 independently controllable, so as to make it able to buckle in both directions: this would enable bi-113 directional displacements of the cell culture membrane, in order to obtain both tuneable convexities

114 and tuneable concavities.

According to this principle of operation, a voltage (either static or dynamic) applied to the soft actuator can be used to generate a deformation of the cell culture membrane, stretching any adhered cells both circumferentially and radially. The supplementary video SV1 shows a prototype in action.

Prototypes of this device were manufactured as follows. For the actuator's active and passive 118 119 membranes, a 1mm-thick acrylic-based elastomeric film (VHBTM 4910, 3M, USA) was biaxially prestrained by 250% (i.e. 3.5 times pre-stretched), reaching an estimated thickness of about 82 µm, and 120 fixed to a plastic circular frame with an internal diameter of 50 mm. The active membrane's 121 122 compliant electrodes were manufactured using a custom-made conductive ink, consisting of a 123 dispersion of 9 wt% carbon black (Black Pearls 2000, Cabot, USA) in a silicone pre-polymer 124 (MED4901, NuSil, USA) dissolved in isooctane (Sigma Aldrich) with a 1:1 volume ratio. The 125 reagents were mixed using a planetary mixer (THINKY ARE-250, Intertronics, UK) and the 126 resulting ink was sprayed with an airbrush onto the active membrane's surfaces, where the silicone 127 matrix was cured, obtaining elastomeric electrodes.

The actuator was then assembled by pulling the passive membrane with a custom-build vacuum chamber, filling the resulting cavity with 15 ml of a fluid silicone pre-polymer (Transil 40, Mouldlife, UK) and finally closing the cavity with the active membrane. The adhesive properties of the VHB elastomeric film allowed for sufficient bonding. The two membranes and the fluid encapsulated between them formed a bubble-like structure, with the fluid acting as a hydrostatic coupling medium between the membranes.

The cell culture membrane was manufactured by film casting with a silicone elastomer (Silbione LSR 4305, BlueStar Silicones, Norway). It had a thickness of about 75 μ m and a diameter of 16.5 mm. A fluid-mediated hydrostatic coupling was also established between the actuator and the cell culture membrane, so as to transfer motion from the former to the latter. For simplicity, the adopted fluid was the same silicone pre-polymer used inside the actuator. The cell culture chamber was fixed to the rest of the structure with screws, so as to simplify the interchangeability among different types of chambers, enabling system modularity.

The diameter of the cell culture membrane was smaller than that of the actuator. Therefore, the fluid mediated coupling between surfaces of different area resulted in a larger vertical displacement in the cell culture membrane with respect to that of the actuator. This effect (maximised by an incompressible fluid) is evident from the sample signals shown in Figure 1e. Hence, changing the size of the cell culture membrane could be used to change the maximum achievable curvature at the maximum voltage, for any given actuator size. Moreover, for any given size of the cell culture membrane, the achievable curvature can always be modulated via the applied voltage.

148 A preliminary characterisation of prototypes of this new device is presented below.

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150 **3 Results and Discussion**

151 **3.1** Frequency response over time

The HC-DEA dynamic performance was tested by measuring, with a laser-based displacement transducer (optoNCDT 1800, Micro-Epsilon, Germany), the active membrane's maximum displacement (Figure 2a-d) in response to unipolar sinusoidal voltages.

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Figure 2. Operation of the HC-DEA and its frequency response. The drawings (a),(b) and pictures (c),(d) of the device show it at electrical rest (a),(c) and with an applied voltage of 4.5 kV (b),(d). Panel (e) presents the frequency response to 4.5 kV sinusoidal waves in terms of maximum displacement of the central (highest) point of the active membrane, as measured at different times after fabrication: 0, 1 and 7 days. Error bars represent the standard deviation among three samples.

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As these tests were aimed at assessing the frequency response and how it changes over time, the amplitude of the voltage signals was fixed (4.5 kV, according to the thickness of the active membrane) and the frequency was varied within the 0.15-1.2 Hz range, corresponding to characteristic frequencies of intestinal, lung and cardiac tissue motions (Saul 1990; Taylor and Eckberg 1996; Han et al. 1998). The signals were obtained from a custom-made generator based on a miniature high voltage multiplier (Q50, EMCO High Voltage Corporation, USA). For each tested

169 frequency, the voltage signal was applied for 3 minutes, followed by 1 minute of rest. The 170 experiments were performed right after fabrication and then repeated after 1 and 7 days.

Figure 2e presents the results, showing that, as expected, there was a notable decrease of the achievable displacement as the frequency increased. This can be ascribed to the viscous components of the constitutive elastomeric membrane (Carpi et al. 2008). Nevertheless, for each frequency, the average displacement was found to be stable over time, at least over the 7 days investigated (Figure

175 2e). This makes the technology potentially usable for continuous cell stretching over several days.

176 **3.2** Vertical displacements and radial and circumferential strains

In order to investigate the deformation occurring in different regions of the cell culture membrane
and thus assess the mechanical stimuli imposed to cells adhered over its surface, the following tests
were performed.

180 The bioreactor was driven with a sinusoidal voltage of 4.5 kV at a frequency of 0.15 Hz and the bi-

181 dimensional distribution of the vertical displacement (displacement field map) and mono-

182 dimensional (radial) distribution of both the radial and circumferential strains were estimated.

183 Specifically, the displacement field map was defined as the spatial distribution of the maximum 184 vertical displacement (during one actuation cycle) of the cell culture membrane across its surface. It 185 was determined using a 3D optical mapping system based on two stereo cameras (LI-OV580-Stereo, Leopard Imaging, USA) that captured images at regular time steps, when the bioreactor was at rest 186 187 and under electrical actuation. Figure 3a presents the resulting map, showing that the highest 188 displacements occurred, as expected, in the central region, reaching about 3 mm. Figure 3b presents 189 the time evolution of the vertical displacement during one actuation cycle, as measured from the four 190 markers identified in Figure 3a. The comparison with the co-plotted voltage signals shows that the 191 displacements had a delay of about 0.5 s. This can be ascribed to a combination of losses derived 192 from the viscosity of the elastomer materials used for the actuator's and cell culture's membranes, as 193 well as the inertia of the coupling fluid between them.



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Figure 3. (a) Maximum displacement field map of the cell culture membrane for a sinusoidal voltage at 4.5 kV and 0.15 Hz; (b) displacement signals captured from the four points identified in (a) during one actuation cycle; (c) radial and circumferential strains estimated from the four markers shown in (a). Note: the unexpectedly large radial strain at point D may be due to locally loose constraints close to that edge, likely to have arisen from manufacturing defects. Error bars represent the standard deviation among three samples.

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In addition to the vertical displacement, the characterisation included the radial and circumferential strains. Figure 3c presents their radial distribution, as estimated from the radial and circumferential displacements of the four markers identified in Figure 3a. The estimation was attained through 3D reconstructions by processing stereo images of the membrane at resting and deformed states.

As expected, both the strains were maximal in the central region of the membrane (about 18% for the circumferential strain and 15% for the radial strain) and decreased along the radial direction towards the edge. Nevertheless, it is worth stressing that this preliminary estimate of the strains was limited in accuracy, as it used only four markers and so the values could not be averaged over a large data set. This made the values particularly sensitive to defects inevitably introduced during the manual fabrication of the device, especially at the edges, where the membrane was likely constrained with

anisotropic tension. This is evident, for instance, for the radial strain close to the edge (point D in

- Figure 3c), whose unexpected high value was probably due to a local loss of tension, possibly
- 214 resulting in anomalous bumps.

215 **3.3** Mechanical stimulation of cell cultures

In order to verify the bioreactor's ability to mechanically induce changes on cells adhering to its
surface, the following preliminary tests were conducted (all reagents were purchased from SigmaAldrich).

219 Fibroblasts from the HFFF2 (Human Fetal Foreskin Fibroblasts 2) line were cultured in 220 supplemented 10% fetal bovine serum DMEM (Dulbecco's modified eagle medium). Prior to cell 221 seeding, the cell culture membrane was coated with type I collagen from rat tail. Fibroblasts were seeded at a density of 100,000 cells per bioreactor well and maintained in a cell culture incubator 222 (100% humidity, 37 °C, 5% CO₂) for 24 h. Subsequently, the bioreactor was actuated inside the 223 224 incubator with a unipolar sinusoidal voltage of 4.5 kV at 0.15 Hz. The stimulation lasted 8 h, which 225 was considered sufficient to observe morphological changes in the cells, as it is known that fibroblasts subject to stretch begin to orient within 3 h (Neidlinger-Wilke et al. 2002). 226

The control sample consisted of an identical bioreactor, containing cells with the same passage number from the same cell batch, cultured in the same conditions, except for cyclic stretching (which was not performed, as no voltage was applied).

At the end of the test, the cells were fixed with 4% paraformaldehyde and stained for actin (phalloidin) and the nuclei (DAPI). The culture membrane was then imaged at different locations using a fluorescence microscope (IX81, Olympus, Japan).

Figure 4 shows a typical outcome of this test, referring to a portion of the surface located between the points C and D identified in Figure 3a. Following the stimulation, the cytoskeletal fibers (stained in green) showed a distinct preferential orientation with respect to those of the control (non-stimulated) sample.



Figure 4. Effect of cyclic stretching of fibroblasts for 8 h in the bioreactor: images of a cell culture membrane's patch (located between points C and D of Figure 3a), taken from both a dynamically stretched sample, just after stretching, (top) and the static sample of control (bottom). The red dashed lines indicate the radial direction. The graphs next to each image present the angular distribution of the cytoskeletal fibers.

In order to quantify this effect, the green-stained fiber alignment was measured via a Fourier component analysis performed by the Directionality plug-in of the Fiji – ImageJ open-source software. The angular orientation of the fibers was computed with respect to a 0° reference defined as the horizontal right-hand direction of the image, with angles increasing counter-clockwise. The results are plotted next to each image in Figure 4: the cells in the stretched sample had a pronounced preferential orientation, with a higher intensity (peaking at -47°) and a narrower dispersion (±19°) than those of the control sample (peaking at 48° with a dispersion of ±41°).

This preliminary investigation suggests that the HC-DEA-based bioreactor is able to induce a measurable effect on the orientation of the cytoskeleton and that this orientation tends to be perpendicular to the direction of the imposed radial stretch.

253 A more in-depth assessment of this effect will require systematic testing on a large number of 254 samples, with a diversity of conditions of stimulation, which goes beyond the scope of this Brief 255 Research Report. Nevertheless, it is worth noting that this outcome is in accordance with previously 256 reported findings. Indeed, using other stimulation devices, fibroblasts have been shown to align 257 perpendicularly to the direction of uniaxial cyclic stretch (Huang et al. 2013; Weidenhamer et al. 258 2013). Kang et al. (Kang et al. 2011) suggested that when the actin filaments are cyclically stretched, 259 a perpendicular alignment with respect to the direction of stretch emerges in response to nodal repositioning, to minimize net nodal forces from filament stress states. Similarly, other types of cells, 260 261 such as lymphatic endothelial cells, have been reported to orient perpendicularly to a uniaxial 10% 262 strain at 0.1 Hz applied for 24 h via a planar DEA-based device (Poulin et al. 2016).

Compared to previous studies, the new device proposed here offers a compact and versatile tool for applying strain fields that are not purely uniaxial, nor purely planar, without any additional mechanical equipment. This bioreactor could thus be used to investigate the response of cells stimulated by stretchable substrates undergoing out-of-plane deformations, thereby closer to several conditions in vivo.

268 **3.4 Future developments**

269 In addition to systematic testing, future developments should also optimise the actuation elastomer. 270 In this study, the VHB acrylic by 3M was used to facilitate manufacturing, due to its adhesive 271 properties, and take advantage of its high quasi-static electromechanical performance (Pelrine et al. 272 2000). Nevertheless, its high viscosity not only limits the driving frequency to the order of 1 Hz 273 (which however is not a problem for a bioreactor, considering that cells in vivo are never exposed to 274 much higher frequencies), but also can cause a significant stress relaxation, especially with the high 275 pre-strains required for optimal operation (Pelrine et al. 2000). Therefore, to avoid a possible 276 reduction of performance over time, less viscous elastomers, like silicones, are a better choice (Maffli 277 et al. 2015; Rosset et al. 2016), enabling devices that should last million cycles (Matysek et al. 2011).

Furthermore, improved manufacturing is necessary to reduce manual procedures, which in this work inevitably determined the variability of performance evidenced by the error bars in Figs. 2e and 3.

The main drawback of this technology is the need for high voltages (kV), although they have different implications, as discussed below, on the electrical driving units, the cultured cells, the operators and co-located electronics.

In terms of driving units, the generation of such voltages is not technically problematic, as the bioreactor does not require high powers and high frequencies. Indeed, the actuator is a capacitive load, which does not absorb high power, and the order of magnitude of frequencies needed for biomimetic cellular stretching is not greater than 1 Hz. For these reasons, in this work it was possible to use the high voltage multiplier by EMCO, which generates up to 5 kV at 0.5 W from an input signal up to 5 V, with a limited bandwidth (about 1 Hz) and a volume of about 2 cm³. Therefore, this kind of bioreactor can be controlled with battery-operated compact units.

In terms of interference with cell function, it is worth noting that the culture membrane is not exposed to the high electric field that builds up between the actuation electrodes. Indeed, the main field is confined within the actuation membrane, whilst the fringe field is not expected to impact the cell culture, due to the geometry of the device. In any case, it is useful to consider that previous studies on DEA-based cell stretchers, which have exposed cells to high fringe fields, have not obtained evidence of any effect on cellular (cardiomyocytes) viability (Imboden et al. 2019).

296 In terms of safety for the operators and for electronics which may be connected to the bioreactor (e.g. 297 recording/stimulation electrodes and sensor probes), high voltages introduce the risk of electrostatic 298 discharges (at a low power), which are unpleasant for humans and potentially destructive for 299 electronics. This requires proper insulation of all the high voltage parts, including the voltage 300 multiplier and the leads to the bioreactor. In this work, the high voltage unit was located outside the 301 incubator and had thin cables arranged under the incubator's closed door. As a future simplification, the compact unit could be sealed within the bioreactor's case, obtaining a self-contained system, 302 303 which could safely be used inside the incubator.

304 So, overall, there are no practical or safety concerns that should discourage the use of this technology 305 just because of the high voltages. Nevertheless, they certainly are a drawback, not only because they 306 bear the risk of electrostatic discharges (e.g. in case of breakdowns), but also because they make the 307 electrical unit bulkier and more expensive than what it could be if the voltages were reduced by one order of magnitude. So, future developments should target a decrease of the voltages to a few 308 309 hundred Volts. The critical threshold is around 250 V, which is related to low-size and low-cost 310 drivers available for several piezoelectric transducers. To this end, efforts are needed to manufacture 311 reliable DEA membranes with a thickness reduced to a few microns. Although this is challenging, 312 the feasibility has already been proved (Poulin et al. 2015). However, as a lower thickness would 313 reduce the membrane's stiffness, it will be necessary to stack multiple thin dielectric layers 314 intertwined to compliant electrodes, so as to enable both low voltages and adequate stiffness.

315 4 Conclusions

316 We described a novel bioreactor to cyclically stretch cells in vitro, via electrically deformable 317 elastomeric membranes with a dynamically tuneable curvature. As compared to state-of-the-art

318 devices, this bioreactor avoids the need for external pneumatic/fluidic drivers or electrical motors,

319 which typically make the whole system bulky and difficult to operate. The electrical tuneability of

320 the membranes is advantageous to obtain compact, self-contained, lightweight and versatile devices.

321 The bioreactor has a modular structure with an interchangeable cell culture unit analogous to that of 322 multi-well plates, enabling the use of standard cell assays.

- 323 We demonstrated that cyclic stretching for 8 h could induce significant changes in the directionality
- of fibroblast cytoskeletal fibers, encouraging systematic investigations of this new technology.
- 325 Although previous studies have already introduced dielectric elastomer actuation for cell stretching,
- 326 the new configuration described here can generate strain fields that are not purely uniaxial, nor purely
- 327 planar, but are instead based on the modulation of the cell culture membrane's curvature. This feature
- 328 opens up new opportunities to exploit this smart-material-based actuation technology to mimic
- 329 complex 3D deformations occurring in vivo, such as those related to pulmonary inflation, cardiac and
- 330 vascular pulsation and gastro-intestinal peristalsis.

331 5 Conflict of Interest

The authors declare that the research was conducted in the absence of any commercial or financialrelationships that could be construed as a potential conflict of interest.

334 6 Author Contributions

- F.C., J.C. and M.G. conceived the work. F.C., J.C.B. and A.A. supervised the work. J.C. and M.G.
- developed the bioreactor and performed the experiments. V.M. and V.F. measured the strains. F.C.
- and J.C. wrote the paper, with contributions from A.A. and J.C.B.

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